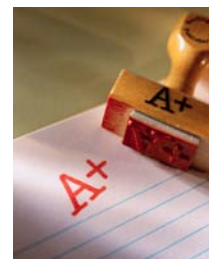


## Revision techniques:

Your child's teachers will recommend techniques for revising particular subjects and topics. There are also some other techniques which you can suggest or even try out together:



- **Repetition**

It may be boring but when revising your child will need to go over each topic several times to make sure they have learnt it properly. One helpful trick is to go back over a topic briefly the day after studying it in detail. Then, at the end of the week, encourage them to recap everything that's been covered.

- **Active Learning**

Learning is always that much stronger if it is an active process. Encourage your child to write notes and use diagrams to remember things. Use different coloured felt pens for each section or part. Let them put them on the wall in their bedroom – just by seeing this information every day it will help them remember it – this is really useful for formulae or diagrams or terms that they have to remember.

- **Associations**

It is sometimes easier to remember things if we can make associations with things that we have an interest in. For example, a child who loves drawing could turn the plot of an English Literature text into a cartoon, whilst someone who is keen on music could set some key vocabulary to the tune of a favourite song.

- **Learning outside the textbook**

Learning through textbooks is important but extra material can be just as valuable. Books, film visits and information from the internet can all be used to reinforce learning. Look out for television

programmes or videos linked to topics or books your child is studying at school. A visit to a museum or exhibition can bring a subject to life too. Encourage your child to use revision websites.

- **Word games**

There are various ways of remembering information by using words, phrases or abbreviations. Mnemonics often work well. These turn the first letters of the words to be remembered into a name or word.

Here's an example. This mnemonic uses the word PARENTS to help you remember the revision techniques suggested in this article:

**P**ractise  
**A**ctive  
**R**epetition  
**E**ncourage  
**N**otes  
**T**ime management  
**S**tress management



### **In summary:**

#### **Do**

- Ask your child what areas/subject they want help with.
- Make your child feel you're there for them physically and emotionally.
- Organise some "non-study" activities for them.
- Encourage your child with praise and rewards.
- Make your child's environment revision-friendly.

#### **Don't**

- Force your child to revise in a way you think best.
- Put any extra pressure on your child
- Keep telling your child how much better organised you were about revision when you were that age!

